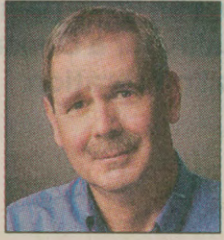


OUT & ABOUT



Dr. Brown

Brown honored for scientific work

Dr. Timothy M. Brown has been named the 2016 recipient of the James Craig Watson Medal for Astronomy, which will be presented by the National Academy of Sciences in Washington, D.C., in May. Dr. Brown was recognized for "his visionary scientific and technical advancements that have been critical to the fields of helioseismology, asteroseismology and the emerging field of spectroscopy of transiting exoplanets, and for his critical role in helping a new generation of scientists and facilities to succeed." Dr. Brown is the principal scientist at Goleta-based Las Cumbres Observatory Global Telescope and an adjunct professor with the Center for Astrophysics and Space Astronomy at the University of Colorado, Boulder. He was also an adjunct professor of physics at UCSB until last year. He lives in Boulder, Colo., with his longtime partner, Rosie. They have three children.

—Charlotte Boechler

OUR TOWN

Ventura gem show

The 54th annual Gem, Mineral, Lapidary and Fossil Show will be 10 a.m. to 5 p.m. Saturday and 10 a.m. to 4 p.m. Sunday at the Ventura County Fairgrounds, 10 W. Harbor Blvd. in Ventura. The free event is sponsored by the Ventura Gem & Mineral Society. Included will be more than 50 exhibits of gems, minerals, fossils and lapidary arts; ongoing demos of lapidary arts and jewelry making; door prizes and silent auctions; a Country Store flea market and plant sale; and children's activities. For more information, call Diane Cook at 312-8467 or email info@vgms.org.

—Marilyn McMahon

ON STAGE

'Manchester Girl' deals with social issues

Sue Turner-Cray will perform "Manchester Girl," her one-woman play, at 7 p.m. Thursday through Saturday at St. Mark's-in-the-Valley Episcopal Church, 2901 Nojoqui Ave., Los Olivos. The Santa Ynez Valley resident and TV and movie actress ("General Hospital," "The Shield") plays Sara, who leaves England to be a model in the 1980s in Tokyo, as well as 10 other characters. Ms. Turner-Cray wrote the play, which deals with date rape, a drug overdose, body image and low self-esteem. Tickets cost \$25 for adults age 26 and older; they're free for youth 14 and older (call for details). To purchase, call 688-9533 or stop by Arts Outreach, 2353 Hollister St., Suite A, Los Olivos. For more information, go to www.smitv.org.

—Dave Mason



INTO THE WOODS

Goleta resident blends earthy, sweet fragrances in soy candles

By **DAVE MASON**
NEWS-PRESS STAFF WRITER

Grace Bernier loves to fall asleep to the scent of cedar and the crackle of a fire. But look closer. Instead of a tree outside her window and a fireplace beside her bed, you'll see a candle next to her.

The Goleta entrepreneur makes environmentally friendly soy candles that combine earthy and sweet scents from fragrance oils: Cedar & Vanilla, Grapefruit & Bergamot, Arugula & Quince, Honey & Lavender and Tobacco & Vanilla. Her Earl Grey Tea candle smells just like the blend she likes.

She sells her HOME candles for \$8 to \$16 online at Etsy and at local stores.

The sophisticated white candles have no dyes and no additives. Mrs. Bernier, 41, said as the News-Press visited her small home studio.

The Vancouver, British Columbia native, who earned a bachelor's degree in history and early childhood education at Simon Fraser University in nearby Burnaby in 1996, hadn't planned to start a business. But she always had been creative. As a kid, she liked making shoe bags and gluing faux flowers to baskets.

She graduated in 1998 from Living Stream

Please see **CANDLES** on **A7**

FYI

Goleta entrepreneur Grace Bernier sells her candles at www.etsy.com/shop/HOMECGOODS.

They're also available at The Santa Barbara Company, 214 E. Victoria St. (845-3700); Grato SB (994-8466 or www.gratosb.com); Kate, 1145-C Coast Village Road, Montecito (698-7569); Folly Vintage Home, 4786 Carpinteria Ave., Carpinteria (684-2700); and Fig Curated Living, 327 E. Ojai Ave., Ojai (646-6561). The candles also are incorporated into gift baskets at Bloom Floral and Foliage, an online Carpinteria business (316-0287 and www.bloomfloralandfoliage.com).



HELENA DAY BREESE/NEWS-PRESS PHOTOS

Grace Bernier prefers a combination of earthy and sweet scents in her candles. At top, Mrs. Bernier's candle with a wood wick crackles like a fireplace. The Goleta entrepreneur created the soy candles as a green alternative to traditional paraffin candles.

Demure pieces have only modest appeal

L.T. from Santa Barbara has a matching pair of paraffin oil lamps, dating to perhaps 1880, based on the style. It was a time of sentimental revivals of past eras, and in these lamps, we see a hint of the nostalgic French Revival style. They feature hand-painted fine French coiffured ladies whose delicate expressions, demure and chaste, are a clue as to how the late Victorians thought of female vulnerability.

We are also given a clue to interior decoration of the late 1800s. Because these lamps are a pair, they were meant to be set together on a dressing table or vanity — the latter a necessity in upper-class female boudoirs. This indicates that certain objects had a gender. And these lamps signify this interesting design quirk of the time.

French styles and designs were appropriate for women's private quarters, including dressing rooms, and public spaces where women were present and actively participating, such as dining rooms, parlors and sewing rooms.

Men had their own designs and styles for areas where they often congregated, like smoking rooms, billiards rooms and libraries. Masculine design was anything but French, and more often than not, in the 1880s, it encompassed Tudor or Renaissance Revival style, the pieces of which were bolder in line and heavier in shape. These lamps would never be in a man's room.

The idea of gendered objects makes no sense, but they are part

of our cultural heritage. I had nannies back in the 1980s when my son was small who told me to get rid of French design furniture for fear of his future masculinity.

These ideas about gender-appropriate objects are still with us. Think of blue for boys and pink for girls. Also indicative of the age of these lamps is the circular burner and wick. The burner had three prongs to support a glass chimney or hurricane to guard the wick that held the flame. The lighting fluid in the lamp

baluster itself was paraffin. Before the use of paraffin, lighting was achieved through kerosene, which was smelly and sooty, as kerosene was derived from coal oil.

Please see **STEWART** on **A7**



ASK THE GOLD DIGGER
Dr. Elizabeth Stewart



This pair of lamps could have been part of a vanity in the 1880s.

COURTESY PHOTO



At top, a HOME C candle complements a rustic planter at Grace Bernier's home. At left, Mrs. Bernier works on her candles in her home studio. At right, working with Mrs. Bernier, graphic designer Ben Loiz designed the HOME C logo to look like a house with rooms.

HELENA DAY BREESE / NEWS-PRESS PHOTOS

Customers from coast to coast

CANDLES

Continued from Page A6

Ministry, an Anaheim missionary college, where she met David Bernier. They married in 1999, and she became a stay-at-home mother while Mr. Bernier worked in various jobs for the Los Angeles Unified School District and UCLA. They moved to Goleta in 2012.

Two years later, Mrs. Bernier went to buy some candles in hopes of masking an odor at their house. But she noticed that when she burned the candles, the sides of the glass jars containing them turned black.

"I started doing research and found the paraffin candles are a byproduct of crude oil, and that scared me," Mrs. Bernier said. "They're dangerous to inhale, especially for children who have asthma. I was in search of something more natural."

She wanted greener candles that would be safe for her, her husband and their three sons — Noah, now 12; Joseph, 9, and Jacob, 6.

Internet research led Mrs. Bernier to discover soy and beeswax candles. She found soy flakes cost less than beeswax and fragrance oils are cheaper than essential oils.

After trial and error, she discovered the right blends of

scents and made candles she and her family liked. She melted the soy flakes at 180 degrees, poured in the fragrance oils and cured the candles over at least three days.

She gave them away as gifts, and they proved popular enough that Mr. Bernier advised her to sell them on Etsy. Retailers discovered her there and on Instagram, and she found herself running a small business.

Within the last year, The Santa Barbara Company on Victoria Street, Folly Vintage Home in Carpinteria, Fig Curated Living in Ojai and, most recently, Kate in Montecito have picked up her candles. They are also sold as part of gift baskets at Bloom Floral & Foliage in Carpinteria.

Mrs. Bernier said she's more interested in creativity than profit and is doing her best to keep prices low. The candles retail for \$8 for a 4-ounce tin, \$10 for a 4-ounce jar and \$16 for an 8-ounce jar.

She has customers from coast to coast, and said they're split evenly among men and women.

"You can gift it to a man or a woman. My style isn't necessarily floral," Mrs. Bernier said.

"My first candle was Rain & Wood. This is my Northwest-inspired candle. It reminded me of home," she said.

Her other fragrances also stem from a sense of place.

"I was inspired by my surroundings," said Mrs. Bernier, who lives near farms in a rural part of Goleta. "I wanted something very organic smelling."

Mrs. Bernier typically combines two complementary scents in each candle.

"Honey & Lavender is one of my newest creations. The lavender is so subtle, and the honey provides a nice sweetness to it," she said.

Before she made Honey & Lavender, her favorite candle was the Cedar & Vanilla.

"I wanted something really woody, like you've gone to the lumberyard," she said. "When I made that candle, I just did cedar, but I thought people would think it was too much wood. I thought vanilla was a very sweet smell. When you bake something, you put vanilla in it; it's just so comforting. So I added those two fragrances, and people loved it."

She said a lot of men like her Tobacco & Vanilla and noted the tobacco scent is from the plant's leaf. She wanted something completely opposite of tobacco to complement the scent and found vanilla was ideal.

While the smaller candles are offered in a round tin, the larger ones come in a clear glass jar, simply adorned with a streamlined sans serif label,

making for a clean, sophisticated look. They could easily be sold at high-end design stores like Pottery Barn or Restoration Hardware.

"My designer (Ben Loiz of Los Angeles) and I came up with the idea of the logo looking like a house with different rooms," said Mrs. Bernier. The letters in "HOME C" are arranged to look like a floor plan. (HOME C is a play off "home economics.")

A unique feature of the candles are the wood wicks, in keeping with the earthy feel. Mrs. Bernier said they reminded her of the woods and she wanted to capture that crackling of a fire. Her 8-ounce candles have a burn time of 40-plus hours; the 4-ounce ones are about half that.

Mrs. Bernier, who's thinking about incorporating olive oil into her next scent, said she plans to keep her business small so she can continue to make all the candles herself. She still finds herself enchanted by her candles with the wood wick.

"I think having that crackling sound, making it like a portable fireplace, is magical," Mrs. Bernier said.

"I have a friend whose kid does her homework next to it!" she said with a laugh.

email: dmason@newspress.com

"I think having that crackling sound, making it like a portable fireplace, is magical."

Grace Bernier, owner and creator of HOME C candles

Lamps tell the story of a momentous invention in the world of lighting

STEWART

Continued from Page A6

These lamps tell the story of quite a momentous invention in the world of lighting — the circular burner, developed in the early 1800s by Frenchman Aime Argand. His first lamps typically had one central shaft that held kerosene, with two arms branching from that shaft that held two light sources. Early lighting collectors call this shape the Argand.

L.T.'s lamps are not this shape, so we think of them as the later, more common paraffin oil lamps. Historically, oil lamps have used many types of oil — animal fat (especially whale),

olive oil, coal oil and, finally, paraffin. Since ancient times, people had been attempting to extend daylight hours. We have learned that oil extends the life of a flame and therefore have used animal fat and olive oil to light our torches. In fact, the word "lamp" derives from the Greek word "lampas," which means "torch." A hand-held light is still called a "torch" if you are British.

The first containers for this oil were bowl-shaped with a spout and a wick, and made of clay or terracotta. In later antiquity, lamps became important and were made in important materials like bronze, stone and alabaster.

L.T.'s 1880s oil lamps (converted to

electricity, something that was often done, sometimes poorly, botching the porcelain of the baluster from a crude drill hole for the cord) are not worth as much as you might have assumed given their storied history. Current taste does not welcome sweet, sentimental views of smirping young beauties; therefore, these lamps would perhaps only fetch \$400 for the pair, or less, at auction.

Dr. Elizabeth Stewart's column appears every week in the Salon & Style section. Email her your questions and high-resolution photos at ElizabethAppraisals@gmail.com or send to Ask the Gold Digger, c/o News-Press, P.O. Box 1359, Santa Barbara 93102-1359.

Karl Lagerfeld creates Asian waves for Fendi at Milan show

By COLLEEN BARRY
AP FASHION WRITER

MILAN — A debate launched during New York and London fashion weeks on speeding the delivery of new fashions to sate an impatient public was on designers' minds as Milan Fashion Week went into its second day.

Yet plans to strut runway creations straight into store windows and consumers' shopping bags were finding some resistance in the Italian fashion system, with some saying that would hurt Italian craftsmanship and design.

Some highlights from Thursday's shows at Milan:

FENDI TSUNAMI

Karl Lagerfeld is creating waves with his latest collection for Fendi, which includes undulating garments, bags and even footwear.

Manifold ruffles in the Japan-inspired collection brought to mind the famed Hokusai prints of waves. Mr. Lagerfeld broke the surface with ruffles along the neckline or running down sleeves, stiff waves of leather decorating boots that rose to the knees or thighs, and the scalloped handles and edges of elaborate bags.

The optical effect was prolonged by striped tops with puffy shoulders and gathered elbows, and longer, billowing dresses.

The overall dark palette was brightened by aquamarine, coral, purple, mustard and turquoise. Bags were furry delights, or stiffer leather with colorful patterns, including one sunset.

Two special guests from Japan delighted Asian visitors at the show, 6-foot-tall Kigurumi mascots, one a pink female named Piro-chan and a blue boy called Bug-kun. Both are being reproduced in miniature as Fendi's coveted furry bag bug charms that adorn handbags.

In a nod to the siren call of

fast fashion, the bag bugs are being sold immediately on the luxury brand's website — but with a catch. There is a limited run of 80.

LAYERED ROMANTICISM AT COSTUME NATIONAL

Costume National creator Ennio Capasa says his goal for next winter's looks was to create "timeless pieces" for a woman "who looks to slow fashion."

The silhouette was long and layered for comfort. Mr. Capasa underlined a notion of poetic romanticism by pairing a military overcoat with a dress composed of crisscrossing ruffles, creating a metallic dress for day and silken street-wear pajamas printed with photos of flowers snapped by the designer himself.

Mr. Capasa is known for his deconstructed looks, and the work here was subtle. Lapels repeated themselves down the front of jackets. Deep slits penetrated the backs of jackets and sleeves, conveying openness when the metallic buttons are left unfastened.

The centerpiece jacket with rounded lapels could be left partially unzipped at the waist, conveying ease.

In its most luxurious form, this partially deconstructed jacket was covered with tiny beaded polka dots. A wool crepe version was worn over a sheer black turtleneck that shimmered like the night sky and a satiny skirt that fell below the knee.

Tacked to Mr. Capasa's mood board backstage were pictures of Bjork and Yoko Ono, providing inspiration as "women who have a strong attitude and personality, while at the same time expressing strong emotion," the designer said.

Platform boots were the favored footwear, while the color palette was mostly dark with some jewel tones of emerald, ruby and sapphire.



Models present the Fendi women's Fall-Winter 2016-2017 collection unveiled in Milan, Italy.

Pot-Shots BY ASHLEIGH BRILLIANT

Classic POT-SHOTS NO. 7873

SOONER OR LATER
THINGS WILL HAPPEN,

WHICH WON'T HELP ME,
UNLESS THEY HAPPEN SOONER,
RATHER THAN LATER.

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METROPOLITAN THEATRES Showtimes for February 29 * = NO PASSES

FAIRVIEW THEATRE 225 N FAIRVIEW AVE, GOLETA * EDDIE THE EAGLE PREX 2:30, 5:10, 7:45 * RISEN PREX 2:50, 5:25, 8:00 KUNO FU PANDA 3 PREX 2:40, 5:00, 7:30	PASEO NUEVO 8 WEST OF LA GUERRA PLACE, SANTA BARBARA * EDDIE THE EAGLE PREX 2:20, 5:00, 7:40 * DEADPOOL PREX 2:40, 5:20, 8:00 HOW TO BE SINGLE PREX 2:30, 5:10, 7:50 HAIL, CAESAR! PREX 2:10, 4:50, 7:30	ARLINGTON 1317 STATE STREET, SANTA BARBARA * AN EVENING WITH NEIL YOUNG LIVE O&A PREX 7:30 PM RIVIERA 2044 ALAMEDA PADRE SERRA, SANTA BARBARA THE BIG SHORT PREX 7:40 PM SON OF SAUL PREX 5:00 PM
PLAZA DE ORO 371 SOUTH HITCHCOCK WAY, SANTA BARBARA WHERE TO INVADE NEXT PREX 2:00, 7:30 THE LADY IN THE VAN PREX 2:15, 5:00, 7:45 BROOKLYN PREX 4:45 PM	CAMINO REAL 7040 MARKETPLACE DR, GOLETA * GODS OF EGYPT PREX 9:25, 8:25, 9:20 * GODS OF EGYPT 3D PREX 12:30 PM * TRIPLE 9 PREX 1:20, 4:10, 7:00, 9:55 THE WITCH PREX 2:50, 5:10, 7:40, 10:10 * DEADPOOL PREX 12:00, 2:30, 5:00, 7:30, 8:45, 10:00 HOW TO BE SINGLE PREX 1:45, 4:30, 7:10, 9:45 ZOOGLANDER 2 PREX 12:20, 3:45 ZOOGLANDER 2 PREX 12:20, 3:45 HAIL, CAESAR! PREX 1:15, 8:15	FIESTA 5 916 STATE STREET, SANTA BARBARA * GODS OF EGYPT PREX 2:00, 8:00 * GODS OF EGYPT 3D PREX 5:00 PM BUSCO NOVO PARA MI NIJER PREX 5:10 PM * RISEN PREX 2:15, 4:40, 7:40 ZOOGLANDER 2 PREX 2:10, 5:20, 7:50 KUNO FU PANDA 3 PREX 2:40, 4:50, 7:20 SPOTLIGHT PREX 7:30 PM ROOM PREX 2:30 PM

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